

Medical Care & Insurance Cover

SMART is conveniently located amidst the leading medical professionals and close to Harley Street, London and offers access to the widest range of health care in the UK, whether unique diagnostic clinics or therapeutic treatment, including pre and post surgery. We operate with a network comprising top professional medical Consultants and Surgeons to provide you with the peace of mind gained by accessing prominent specialists in UK and Europe.

We have partnered with one of world's primary medical centres to provide a range of medical facilities in order to offer you a first class medical care. Appointments can be made for annual general medical check-ups for patients of any age. For patients on regular medications, repeat prescriptions and drugs may be obtained on your behalf. We offer below the range of diagnostic and therapeutic facilities so that patients can get most straightforward clinical needs met in one visit. All consultations are by appointment and these will usually be on that same day.

Anaesthetics	Epidural anaesthetic	General anaesthetic
Local anaesthetic	Pain relief after surgery	Spinal anaesthetic
Antenatal care		0 - Early pregnancy and dating scan
(6-10 weeks)	1 - Nuchal translucency scan (11-13 weeks)	2 - Combined nuchal
screening test (11-13 weeks + 6 Days)	3 - Integrated test (11-13 and 15-16 weeks)	
4 - Chorionic villus sampling (11-14 weeks)	5 - Amniocentesis (15-19 weeks)	6 -
Sexing scan (20 weeks)	7 - Foetal Anatomy/Anomaly scan (20-24 weeks)	8 -
3D/4D scan (24-30 weeks)	9 - Growth scan (30-34 weeks)	
Audiology	Audiology consultation	Breast
surgery	Breast cancer (condition)	Breast reconstruction - DIEP
Flap	Breast reconstruction - TRAM Flap	Excision biopsy of a breast lump
	Cardiology	Ambulatory ECG
Ambulatory blood pressure recording	Angioplasty	Atrial Fibrillation (AF) Ablation
Blood pressure test	CT coronary angiography	Cardiac
catheterisation	Cardiac stress testing	Catheter ablation for common arrhythmias in
adults and children	Contrast echocardiography	ECG
recorder	Echocardiogram	ECG
implantation	Transoesophageal echocardiography	Pacemaker
Cardiothoracic surgery	Mitral valve surgery	Coronary
artery bypass		Pleural biopsy and drainage
Thoracoscopy	Colorectal surgery	
Abdominal surgery for Crohn's Disease	Anal fistula surgery	Botulinum toxin
injections for anal fissures	Colonoscopy	Colostomy, closure of loop
Haemorrhoidal artery ligation operation (HALO)	Haemorrhoidectomy	Ileostomy,
closure of loop	Laparoscopic colectomy	Laparoscopic ileoanal pouch surgery
Laparoscopic ventral mesh rectopexy	Reversal of Hartmann's procedure	
Sacral Neurostimulation	Sigmoid colectomy for diverticular disease	
Sigmoidoscopy	Sphincterotomy, lateral internal	Stapled Haemorrhoidectomy
	Complementary therapies	Acupuncture
Homeopathy	Hypnotherapy	Nutritional therapy
camouflage	Cosmetic surgery	Skin
liposuction	Breast enlargement and breast augmentation	Body-jet
breast reduction operation	Breast uplift surgery - breast lift	Breast reduction surgery -
pinnaplasty	Eyebrow lift surgery - brow lift	Ear correction -
Liposuction surgeons and treatment	Male breast reduction - gynaecomastia	Eyelid surgery - blepharoplasty
Rhinoplasty or 'nose job'	Skin resurfacing - dermabrasion	Surgical facelift - face
lifts	Thread vein removal - sclerotherapy	Tummy tuck - abdominoplasty
	Dermatology	Dermatology
hair removal	Mohs Surgery	Photodynamic Therapy - PDT
patch testing	UVB narrowband phototherapy	Laser
	Dietary consultation	Skin
	Balloon sinuplasty	ENT surgery
implants	Endoscopic sinus surgery	Cholesteatoma surgery
Laryngoscopy and pharyngoscopy	Grommet insertion	Cochlear
surgery	Lymph node biopsy	Minimal access thyroid
	Nasal polypectomy	Parathyroidectomy
	Septoplasty and submucous resection	
Septorhinoplasty with graft or implant	Sleep studies/snoring clinic	Stapedectomy
Thyroidectomy (for Goitre)	Thyroidectomy (for Nodule)	
Tonsillectomy (adult)	Total thyroidectomy	Emergency care
	Walk in self-pay service	Endocrinology
	Diabetes treatments	Fertility
Assisted hatching	Cycle monitoring	Donor insemination

Egg donation cycle	Gamete intra fallopian transfer (GIFT)	Embryo cryopreservation	Frozen embryo replacement
Intra cytoplasmic sperm injection (ICSI)		Intra-uterine insemination	In-vitro fertilisation (IVF)
epididymal sperm aspiration	Open testicular biopsy with microsurgical techniques		Micro
Ovulation Induction - Clomifene Citrate	Parental induction of ovulation		
Percutaneous epididymal sperm aspiration	Testicular epididymal sperm extraction		
Zygote intra-fallopian transfer (ZIFT)		GP Service	
GP service (private)		Gastroenterology	
Bowel cancer screening	Capsule endoscopy	ERCP	
Inserting an oesophageal stent (endoscopy)	Nissen fundoplication (laparoscopic)		
Percutaneous endoscopic gastrostomy (PEG)	Upper GI endoscopy (gastroscopy)		
Upper GI endoscopy and dilatation		General medicine	
General consultation	Sexual medicine		General
surgery	Abscess incision and drainage		Appendicectomy
Cholecystectomy, laparoscopic	Elective splenectomy		Epigastric
hernia repair	Femoral hernia repair		Hernia repair (TAPP), laparoscopic
Hernia repair (TEP), laparoscopic		Hernia repair, inguinal (open)	Hernia
repair, paraumbilical and umbilical	Laparoscopic bile duct exploration		
Laparoscopic incisional hernia	Open incisional hernia repair		Pre-admission clinic
Removing benign skin lesion	Sports hernia repair		
Geriatric medicine	Geriatric consultation		
Gynaecology	Anterior repair		Cervical cancer (condition)
Cervical cerclage	Colposcopy		Diagnostic laparoscopy and dye test
Endometrial ablation	Endometrial ablation: NovaSure		
Hysterectomy (Abdominal)	Hysterectomy (Vaginal)		Hysteroscopy
Inserting a tension-free vaginal tape (TVT)	Laparoscopic sterilisation		Laparoscopy
Obstetrics	Ovarian cancer (condition)		Posterior repair
Reversal of Sterilisation	Sacrospinous Fixation (SSF)		Uterine cancer
(condition)	Haematology		Blood testing
Blood transfusions	Haemato-oncology		Hand
and Wrist services	Hand and wrist exercise and functional activity		
Hand and wrist manual therapies	Hand and wrist splinting		Injections for
Dupuytren's disease	Health Check - Health Assessments		
Health assessments - Advanced	Health assessments - Advanced Plus		
Health assessments - Essentials	Health assessments - Select		
Hepatology	Abnormal Liver Function tests (LFTs)		
Abnormal liver imaging	Alcoholic liver disease		Viral hepatitis B
Viral hepatitis C	Imaging and radiology		
Barium enema	Bone densitometry (DEXA) scanning		CT scanning
Liver biopsy	Lung biopsy		MRI scanning (open)
Radiology	Mammography	Nephrostomy	Osteoporosis
	Renal artery denervation (RDN)		Ultrasound
Uterine artery embolisation X-ray			Immunology/allergy
Allergen immunotherapy		Allergy medicine	Allergy testing
Nephrology (Kidney diseases)			Nephrology
Neurology			Neurological
Neurophysiology		Neuropsychology	
Neurophysiology service		Neurosurgery	
Neuropsychological testing	Gamma Knife® surgery	Laminectomy	
Craniotomy		Isotope bone scan	Myocardial
Nuclear medicine			
perfusion imaging	PET scanning		Obstetrics
Private Maternity Service			Oncology
Chemotherapy treatment		Hormone therapy	Radiotherapy
treatment	Targeted therapies		Ophthalmology
Advanced laser vision correction		Cataract surgery	Corneal
transplant surgery	Entropion and ectropion repair	Excimer laser	
Fluorescein angiography	Glaucoma surgery (trabeculectomy)		IOL Vip system
Ptosis surgery	Retinal detachment surgery		
Optometry	Cataract surgery assessment		Low vision aids
Low vision assessment	Ophthalmic diagnostic testing		Ptosis
management	Refraction and low vision assessment		Oral
maxillofacial surgery	Facial skin cancer removal		Investigation
and treatment of oral ulcers	Orthodontic services	Removal of facial skin lesions	

Removal of lumps of the salivary glands
 wisdom teeth
 Orthopaedic surgery - lower limb
 Ankle replacement surgery operation
 navigation - total hip replacement
 Extracorporeal Shock Wave Therapy (ESWT)
 Foot orthotics - knee orthotics - back orthotics
 Hip arthroscopy
 Hip replacement surgery arthroscopy - keyhole surgery
 Reconstruction
 Revision knee replacement
 Orthopaedic surgery - upper limb
 Arthroscopy shoulder treatment
 syndrome treatment (ESWT)
 Hand and wrist ligament reconstruction
 Rotator cuff surgery
 release surgery
 Total elbow replacement
 Wrist arthroscopy
 Adenoidectomy (child)
 Circumcision (child)
 General paediatrics (child)
 Paediatric allergy
 Paediatric dietetics
 Paediatric ophthalmology
 Tonsillectomy (child)
 Epidural for chronic pain relief
 Pathology
 Microbiology
 Acupuncture physiotherapy
 Hydrotherapy
 physiotherapy
 Respiratory physiotherapy
 reconstruction
 asymmetry/underdevelopment
 Surgery for cerebral palsy of the arm and hand
 Foot surgery
 Dementia
 Psychosexual therapy
 Transbronchial biopsy
 Arthritis treatment
 Discectomy
 microdiscectomy (MISS)
 Travel health clinic
 Urology (adult) (rigid)
 Laparoscopic nephrectomy
 Operations for Peyronie's Disease
 bladder syndrome
 biopsies of the prostate
 Temporomandibular joint management (TMJ)
 Ankle surgery and ankle arthroscopy
 Computer assisted navigation - high tibial osteotomy
 Computer assisted navigation - total knee replacement
 Foot bunion surgery for bunion removal
 Foot surgery for toe problems
 Hip injection treatment
 Hip revision
 Knee
 Lower Limb
 Partial knee replacement surgery
 Total knee replacement, Signature System
 Arthroscopic Latarjet
 Carpal tunnel
 Elbow arthroscopy
 Finger arthritis treatment
 Shoulder arthroplasty
 Hand surgery for Dupuytren's disease
 Thoracic outlet decompression surgery
 Trigger finger treatment
 Ulnar nerve
 Paediatrics
 Appendicectomy (child)
 Correcting a squint (child)
 Hernia repair, inguinal (child)
 Orchidopexy for a palpable testicle (child)
 Paediatric cardiology
 Paediatric haematology
 Paediatric orthopaedics
 Pain management medicine
 Pain management
 Biochemistry
 Physiotherapy
 Cardio Pulmonary Exercise Test (CPET)
 Pain management physiotherapy
 Pilates
 Sports injuries
 Plastic surgery
 Breast reconstruction with latissimus dorsi flap
 Finger or thumb replantation
 Reconstruction and correction of scars
 Podiatric surgery
 Psychiatry/Psychology
 Cognitive behaviour therapy
 Psychodynamic therapy
 Trauma resolution
 Bronchoscopy
 Rheumatology
 Sexual medicine
 Speech & language therapy
 Speech therapy - childrens services
 Anterolateral foraminotomy
 Epidural for back pain
 Lumbar spinal decompression
 Scoliosis
 Back pain assessment
 Sports Injuries Clinic
 Open reduction internal fixation (ORIF)
 Travel vaccinations
 Bladder Botulinum toxin injections
 Cystoscopy (blue light)
 High Intensity Focussed Ultrasound (HIFU)
 Laparoscopic pyeloplasty
 Operations for stone disease
 Prostate mapping
 Surgery for benign scrotal lumps
 Removing teeth
 ACL reconstruction surgery
 Cartilage
 Computer assisted
 Hip
 Knee
 Lower Limb
 System
 Arthroscopic Latarjet
 Carpal tunnel
 Extracorporeal Shock Wave Therapy
 Ganglion removal treatment
 Thoracic outlet decompression surgery
 Ulnar nerve
 Paediatrics
 Developmental paediatrics
 Hernia repair, umbilical
 Paediatric dermatology
 Paediatric oncology
 Pyloromyotomy
 Pain management medicine
 Pain management
 Histopathology
 Gaitscan
 Pelvic floor
 Rehabilitation service
 Whole body cryotherapy
 Abdominal wall
 Correction of breast
 Nerve reconstruction
 Podiatric surgery
 Psychiatry/Psychology
 Cognitive behaviour therapy
 Psychodynamic therapy
 Trauma resolution
 Bronchoscopy
 Cervical spine surgery
 Lumbar laminectomy
 Minimally Invasive Spinal Surgery
 SpineCare - Back Pain Treatment
 Sports & exercise medicine
 Trauma surgery
 Circumcision
 Cystoscopy
 Incontinence clinic
 Male sling
 Painful
 Saturation
 TURBT

TURP incontinence	Ureteroscopy (rigid & flexible) Vasectomy (bilateral)	Urethrotomy Vasectomy reversal	Urinary
	Vascular surgery	Carotid endarterectomy	
ClariVein (EVLV) treatment	Endovascular aortic aneurysm repair (EVAR) Femoro-popliteal bypass surgery - Fem pop bypass VNUS closure procedure	Varicose vein laser treatment	Endovenous laser therapy Sclerotherapy
Varicose veins treatment surgery	Veinwave treatment		Weight Loss
	Gastric balloon surgery	Gastric band surgery	
	Gastric bypass surgery	Gastric sleeve - sleeve gastrectomy	
Gastroesophageal reflux surgery - anti-reflux surgery The abiliti system		Primary obesity surgery endoluminal (POSE) Women's Health	
Gynaecology consultation	HPV vaccination		

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Â Private Medical Insurance

Private health and medical insurance is all about peace of mind and the reassurance of knowing youâ€™ll get the treatment you need, when you need it and at the best hospitals.Â It is designed to cover the cost of surgery, medical specialists, accommodation and nursing for treatment at either a private hospital or in a private ward of an NHS hospital.

SMARTâ€™s Specialist insurance partners are able to offer a medical insurance service to give you the peace of mind and the reassurance of knowing youâ€™ll get the treatment you need, when you need it and at the best hospitals.Â Working with one of the largest insurance companies, we can provide you with extremely competitive cover with a range of cover options.

Our partners also offer a "one-stop shop", aiming to provide patients with a convenient opportunity to be examined, investigated and treated in one visit for simple ailments or over a period of time where the problems are more complex.

The medical unit is run in conjunction with a Recovery Centre which is a large Victorian house with its coach house, set in three acres of grounds with landscaped gardens and trees surrounded by the rolling farmland and woodland of the North Downs of Kent. The setting offers the peace and tranquillity in which to effect successful recovery. It has the capacity to house 43 patients on an in-patient basis, we also have several halfway houses in the nearby village for day/out patient care so the patient can start to adjust to everyday living. The Centre aims to treat different types of addiction such as:

- Â Eating Disorder
- Â Alcohol Abuse
- Â Drug Depend
- Â Other Addictive & Compulsive Behaviours

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We believe that surroundings have an impact on the quality of recovery, being relaxed and having time in the right atmosphere to think in is incredibly important.Â There are ample facilities for therapy sessions and for lectures and other educational programmes. Leisure activities currently include use of a small gymnasium and there is also a non-denominational quiet room.

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There is a grass tennis court and an all-weather tennis/basketball court, volleyball court, cricket net and badminton court, spa pools, croquet, and visits to surrounding places of interest.

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Counselling Centre

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Located in a quiet mews in South Kensington, Central London, the Counselling centre is ideally located to providing accessible treatment service.Â The main feature of the Counselling Centre is its flexibility. The patients have busy lives and we aim to enable them to access treatment services whilst maintaining their commitments.

Some of the services the Counselling centre can provide are:

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Â Assessments

Time is given to an individual or their family in order to understand the unique needs that each individual and family present. From this assessmentÂ a treatment proposal is crafted and a coordinated plan to put it into effect.

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Therapy

A range of therapists can be seen to address a range of issues. Although it is common for a patient to work with one main therapist, it is also possible to draw in other specialist help from the wide range of professionals working either for or in association with the Centre.

Day care

Where one to one therapy is not able to provide enough support or a shorter boost would be more helpful, the centre can provide day therapy. A programme can be created to attend whole days of therapy, either on specific days or in whole batches of days.

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Â Family Support

Families deserve as much support as the individual attending the treatment services. Often they are unsure how to be most effective in their support. We can offer advice on a one to one basis or include family members in their own therapy groups and even run monthly workshops to offer an intensive boost whenever necessary.

Technical Medical translation/interpretation

SMART is able to provide you with expert certified translators and interpreters for any language.Â Our interpreters are able to accompany you on all your medical appointments as well as providing a translation of the medical reports that follow.