

## Medical Care & Insurance Cover

SMART is conveniently located amidst the leading medical professionals and close to Harley Street, London and offers access to the widest range of health care in the UK, whether unique diagnostic clinics or therapeutic treatment, including pre and post surgery. We operate with a network comprising top professional medical Consultants and Surgeons to provide you with the peace of mind gained by accessing prominent specialists in UK and Europe.

We have partnered with one of world's primary medical centres to provide a range of medical facilities in order to offer you a first class medical care. Appointments can be made for annual general medical check-ups for patients of any age. For patients on regular medications, repeat prescriptions and drugs may be obtained on your behalf. We offer below the range of diagnostic and therapeutic facilities so that patients can get most straightforward clinical needs met in one visit. All consultations are by appointment and these will usually be on that same day.

Anaesthetics	Epidural anaesthetic	General anaesthetic
Local anaesthetic	Pain relief after surgery	Spinal anaesthetic
Antenatal care		0 - Early pregnancy and dating scan
(6-10 weeks)	1 - Nuchal translucency scan (11-13 weeks)	2 - Combined nuchal
screening test (11-13 weeks + 6 Days)	3 - Integrated test (11-13 and 15-16 weeks)	
4 - Chorionic villus sampling (11-14 weeks)	5 - Amniocentesis (15-19 weeks)	6 -
Sexing scan (20 weeks)	7 - Foetal Anatomy/Anomaly scan (20-24 weeks)	8 -
3D/4D scan (24-30 weeks)	9 - Growth scan (30-34 weeks)	
Audiology	Audiology consultation	Breast
surgery	Breast cancer (condition)	Breast reconstruction - DIEP
Flap	Breast reconstruction - TRAM Flap	Excision biopsy of a breast lump
	Cardiology	Ambulatory ECG
Ambulatory blood pressure recording	Angioplasty	Atrial Fibrillation (AF) Ablation
Blood pressure test	CT coronary angiography	Cardiac
catheterisation	Cardiac stress testing	Catheter ablation for common arrhythmias in
adults and children	Contrast echocardiography	ECG
recorder	Echocardiogram	ECG
implantation	Transoesophageal echocardiography	Pacemaker
Cardiothoracic surgery	Mitral valve surgery	Aortic valve replacement
artery bypass		Pleural biopsy and drainage
Thoracoscopy	Colorectal surgery	Coronary
Abdominal surgery for Crohn's Disease	Anal fistula surgery	Botulinum toxin
injections for anal fissures	Colonoscopy	Colostomy, closure of loop
Haemorrhoidal artery ligation operation (HALO)	Haemorrhoidectomy	Ileostomy,
closure of loop	Laparoscopic colectomy	Laparoscopic ileoanal pouch surgery
Laparoscopic ventral mesh rectopexy	Reversal of Hartmann's procedure	
Sacral Neurostimulation	Sigmoid colectomy for diverticular disease	
Sigmoidoscopy	Sphincterotomy, lateral internal	Stapled Haemorrhoidectomy
	Complementary therapies	Acupuncture
Homeopathy	Hypnotherapy	Nutritional therapy
camouflage	Cosmetic surgery	Skin
liposuction	Breast enlargement and breast augmentation	Body-jet
breast reduction operation	Breast uplift surgery - breast lift	Breast reduction surgery -
pinnaplasty	Eyebrow lift surgery - brow lift	Ear correction -
Liposuction surgeons and treatment	Male breast reduction - gynaecomastia	Eyelid surgery - blepharoplasty
Rhinoplasty or 'nose job'	Skin resurfacing - dermabrasion	Surgical facelift - face
lifts	Thread vein removal - sclerotherapy	Tummy tuck - abdominoplasty
	Dermatology	Dermatology
hair removal	Mohs Surgery	Photodynamic Therapy - PDT
patch testing	UVB narrowband phototherapy	Laser
	Dietary consultation	Skin
	Balloon sinuplasty	ENT surgery
implants	Endoscopic sinus surgery	Cholesteatoma surgery
Laryngoscopy and pharyngoscopy	Grommet insertion	Cochlear
surgery	Lymph node biopsy	Minimal access thyroid
	Nasal polypectomy	Parathyroidectomy
Septorhinoplasty with graft or implant	Septoplasty and submucous resection	Stapedectomy
Thyroidectomy (for Goitre)	Sleep studies/snoring clinic	
Tonsillectomy (adult)	Thyroidectomy (for Nodule)	Emergency care
	Total thyroidectomy	Endocrinology
	Walk in self-pay service	
	Diabetes treatments	Fertility
Assisted hatching	Cycle monitoring	Donor insemination

Egg donation cycle	Gamete intra fallopian transfer (GIFT)	Embryo cryopreservation	Frozen embryo replacement
Intra cytoplasmic sperm injection (ICSI)		Intra-uterine insemination	In-vitro fertilisation (IVF)
epididymal sperm aspiration		Open testicular biopsy with microsurgical techniques	Micro
Ovulation Induction - Clomifene Citrate		Parental induction of ovulation	
Percutaneous epididymal sperm aspiration		Testicular epididymal sperm extraction	
Zygote intra-fallopian transfer (ZIFT)		GP Service	
GP service (private)		Gastroenterology	
Bowel cancer screening	Capsule endoscopy		ERCP
Inserting an oesophageal stent (endoscopy)		Nissen fundoplication (laparoscopic)	
Percutaneous endoscopic gastrostomy (PEG)		Upper GI endoscopy (gastroscopy)	
Upper GI endoscopy and dilatation		General medicine	
General consultation	Sexual medicine		General
surgery	Abscess incision and drainage		Appendicectomy
Cholecystectomy, laparoscopic		Elective splenectomy	Epigastric
hernia repair	Femoral hernia repair		Hernia repair (TAPP), laparoscopic
Hernia repair (TEP), laparoscopic		Hernia repair, inguinal (open)	Hernia
repair, paraumbilical and umbilical		Laparoscopic bile duct exploration	
Laparoscopic incisional hernia	Open incisional hernia repair		Pre-admission clinic
Removing benign skin lesion		Sports hernia repair	
Geriatric medicine		Geriatric consultation	
Gynaecology	Anterior repair		Cervical cancer (condition)
Cervical cerclage	Colposcopy		Diagnostic laparoscopy and dye test
Endometrial ablation		Endometrial ablation: NovaSure	
Hysterectomy (Abdominal)	Hysterectomy (Vaginal)		Hysteroscopy
Inserting a tension-free vaginal tape (TVT)		Laparoscopic sterilisation	Laparoscopy
Obstetrics	Ovarian cancer (condition)		Posterior repair
Reversal of Sterilisation	Sacrospinous Fixation (SSF)		Uterine cancer
(condition)	Haematology		Blood testing
Blood transfusions	Haemato-oncology		Hand
and Wrist services	Hand and wrist exercise and functional activity		
Hand and wrist manual therapies	Hand and wrist splinting		Injections for
Dupuytren's disease	Health Check - Health Assessments		
Health assessments - Advanced	Health assessments - Advanced Plus		
Health assessments - Essentials	Health assessments - Select		
Hepatology	Abnormal Liver Function tests (LFTs)		
Abnormal liver imaging	Alcoholic liver disease		Viral hepatitis B
Viral hepatitis C	Imaging and radiology		
Barium enema	Bone densitometry (DEXA) scanning		CT scanning
Liver biopsy	Lung biopsy	MRI scanning	MRI scanning (open)
Radiology	Mammography	Nephrostomy	Osteoporosis
	Renal artery denervation (RDN)		Ultrasound
Uterine artery embolisation X-ray			Immunology/allergy
Allergen immunotherapy		Allergy medicine	Allergy testing
Nephrology (Kidney diseases)			Nephrology
Neurology			Neurological
Neurophysiology		Neuropsychology	
Neurophysiology service		Neurosurgery	
Neuropsychological testing	Gamma Knife® surgery	Laminectomy	
Craniotomy		Isotope bone scan	Myocardial
Nuclear medicine			
perfusion imaging	PET scanning		Obstetrics
Private Maternity Service			Oncology
Chemotherapy treatment		Hormone therapy	Radiotherapy
treatment	Targeted therapies		Ophthalmology
Advanced laser vision correction		Cataract surgery	Corneal
transplant surgery	Entropion and ectropion repair	Excimer laser	
Fluorescein angiography	Glaucoma surgery (trabeculectomy)		IOL Vip system
Ptosis surgery	Retinal detachment surgery		
Optometry	Cataract surgery assessment		Low vision aids
Low vision assessment	Ophthalmic diagnostic testing		Ptosis
management	Refraction and low vision assessment		Oral
maxillofacial surgery	Facial skin cancer removal		Investigation
and treatment of oral ulcers	Orthodontic services	Removal of facial skin lesions	

Removal of lumps of the salivary glands  
 wisdom teeth  
 Orthopaedic surgery - lower limb  
 Ankle replacement surgery  
 operation  
 navigation - total hip replacement  
 Extracorporeal Shock Wave Therapy (ESWT)  
 Foot orthotics - knee orthotics - back orthotics  
 Hip arthroscopy  
 Hip replacement surgery  
 arthroscopy - keyhole surgery  
 Reconstruction  
 Revision knee replacement  
 Orthopaedic surgery - upper limb  
 Arthroscopy shoulder treatment  
 syndrome treatment  
 (ESWT)  
 Hand and wrist ligament reconstruction  
 Rotator cuff surgery  
 release surgery  
 Total elbow replacement  
 Wrist arthroscopy  
 Adenoidectomy (child)  
 Circumcision (child)  
 General paediatrics  
 (child)  
 Paediatric allergy  
 Paediatric dietetics  
 Paediatric ophthalmology  
 Tonsillectomy (child)  
 Epidural for chronic pain relief  
 Pathology  
 Microbiology  
 Acupuncture physiotherapy  
 Hydrotherapy  
 physiotherapy  
 Respiratory physiotherapy  
 reconstruction  
 asymmetry/underdevelopment  
 Surgery for cerebral palsy of the arm and hand  
 Foot surgery  
 Dementia  
 Psychosexual therapy  
 Transbronchial biopsy  
 Arthritis treatment  
 Discectomy  
 microdiscectomy  
 (MISS)  
 Travel health clinic  
 Urology  
 (adult)  
 (rigid)  
 Laparoscopic nephrectomy  
 Operations for Peyronie's Disease  
 bladder syndrome  
 biopsies of the prostate  
 Temporomandibular joint management (TMJ)  
 Ankle surgery and ankle arthroscopy  
 Computer assisted navigation - high tibial osteotomy  
 Computer assisted navigation - total knee replacement  
 Foot bunion surgery for bunion removal  
 Foot surgery for toe problems  
 Hip injection treatment  
 Hip revision  
 Knee  
 Lower Limb  
 Partial knee replacement surgery  
 Total knee replacement, Signature System  
 Arthroscopic Latarjet  
 Carpal tunnel  
 Extracorporeal Shock Wave Therapy  
 Ganglion removal treatment  
 Hand surgery for Dupuytren's disease  
 Thoracic outlet decompression surgery  
 Ulnar nerve  
 Paediatrics  
 Developmental paediatrics  
 Hernia repair, umbilical  
 Orchidopexy for a palpable testicle (child)  
 Paediatric cardiology  
 Paediatric haematology  
 Paediatric orthopaedics  
 Pain management medicine  
 Pain management  
 Biochemistry  
 Physiotherapy  
 Cardio Pulmonary Exercise Test (CPET)  
 Pain management physiotherapy  
 Pilates  
 Sports injuries  
 Plastic surgery  
 Breast reconstruction with latissimus dorsi flap  
 Finger or thumb replantation  
 Reconstruction and correction of scars  
 Podiatric surgery  
 Psychiatry/Psychology  
 Cognitive behaviour therapy  
 Psychodynamic therapy  
 Trauma resolution  
 Bronchoscopy  
 Rheumatology  
 Sexual medicine  
 Speech & language therapy  
 Speech therapy - childrens services  
 Anterolateral foraminotomy  
 Epidural for back pain  
 Lumbar spinal decompression  
 Scoliosis  
 Back pain assessment  
 Sports Injuries Clinic  
 Open reduction internal fixation (ORIF)  
 Travel vaccinations  
 Bladder Botulinum toxin injections  
 Cystoscopy (blue light)  
 High Intensity Focussed Ultrasound (HIFU)  
 Laparoscopic pyeloplasty  
 Operations for stone disease  
 Prostate mapping  
 Surgery for benign scrotal lumps  
 Removing teeth  
 ACL reconstruction surgery  
 Cartilage  
 Computer assisted  
 Hip  
 Knee  
 Lower Limb  
 System  
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 Cognitive behaviour therapy  
 Psychodynamic therapy  
 Trauma resolution  
 Bronchoscopy  
 Rheumatology  
 Sexual medicine  
 Speech & language therapy  
 Speech therapy - adult services  
 Spinal surgery  
 Cervical spine surgery  
 Lumbar laminectomy  
 Minimally Invasive Spinal Surgery  
 SpineCare - Back Pain Treatment  
 Sports & exercise medicine  
 Trauma surgery  
 Circumcision  
 Cystoscopy  
 Incontinence clinic  
 Male sling  
 Painful  
 Saturation  
 TURBT

TURP incontinence	Ureteroscopy (rigid & flexible) Vasectomy (bilateral)	Urethrotomy Vasectomy reversal	Urinary
	Vascular surgery	Carotid endarterectomy	
ClariVein (EVLV) treatment	Endovascular aortic aneurysm repair (EVAR) Femoro-popliteal bypass surgery - Fem pop bypass VNUS closure procedure		Endovenous laser therapy Sclerotherapy
Varicose veins treatment surgery	Veinwave treatment	Varicose vein laser treatment	Weight Loss
	Gastric balloon surgery	Gastric band surgery	
	Gastric bypass surgery	Gastric sleeve - sleeve gastrectomy	
Gastroesophageal reflux surgery - anti-reflux surgery The abiliti system		Primary obesity surgery endoluminal (POSE) Women's Health	
Gynaecology consultation	HPV vaccination		

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Â Private Medical Insurance

Private health and medical insurance is all about peace of mind and the reassurance of knowing youâ€™ll get the treatment you need, when you need it and at the best hospitals.Â It is designed to cover the cost of surgery, medical specialists, accommodation and nursing for treatment at either a private hospital or in a private ward of an NHS hospital.

SMARTâ€™s Specialist insurance partners are able to offer a medical insurance service to give you the peace of mind and the reassurance of knowing youâ€™ll get the treatment you need, when you need it and at the best hospitals.Â Working with one of the largest insurance companies, we can provide you with extremely competitive cover with a range of cover options.

Our partners also offer a â€œone-stop shopâ€, aiming to provide patients with a convenient opportunity to be examined, investigated and treated in one visit for simple ailments or over a period of time where the problems are more complex.

The medical unit is run in conjunction with a Recovery Centre which is a large Victorian house with its coach house, set in three acres of grounds with landscaped gardens and trees surrounded by the rolling farmland and woodland of the North Downs of Kent. The setting offers the peace and tranquillity in which to effect successful recovery. It has the capacity to house 43 patients on an in-patient basis, we also have several halfway houses in the nearby village for day/out patient care so the patient can start to adjust to everyday living. The Centre aims to treat different types of addiction such as:

- Â§Â Â Â Â Â Â Â Â Eating Disorder
- Â§Â Â Â Â Â Â Â Â Alcohol Abuse
- Â§Â Â Â Â Â Â Â Â Drug Depend
- Â§Â Â Â Â Â Â Â Â Other Addictive & Compulsive Behaviours

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We believe that surroundings have an impact on the quality of recovery, being relaxed and having time in the right atmosphere to think in is incredibly important.Â There are ample facilities for therapy sessions and for lectures and other educational programmes. Leisure activities currently include use of a small gymnasium and there is also a non-denominational quiet room.

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There is a grass tennis court and an all-weather tennis/basketball court, volleyball court, cricket net and badminton court, spa pools, croquet, and visits to surrounding places of interest.

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Counselling Centre

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Located in a quiet mews in South Kensington, Central London, the Counselling centre is ideally located to providing accessible treatment service.Â The main feature of the Counselling Centre is its flexibility. The patients have busy lives and we aim to enable them to access treatment services whilst maintaining their commitments.

Some of the services the Counselling centre can provide are:

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#### Â Assessments

Time is given to an individual or their family in order to understand the unique needs that each individual and family present. From this assessmentÂ a treatment proposal is crafted and a coordinated plan to put it into effect.

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#### Therapy

A range of therapists can be seen to address a range of issues. Although it is common for a patient to work with one main therapist, it is also possible to draw in other specialist help from the wide range of professionals working either for or in association with the Centre.

#### Day care

Where one to one therapy is not able to provide enough support or a shorter boost would be more helpful, the centre can provide day therapy. A programme can be created to attend whole days of therapy, either on specific days or in whole batches of days.

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#### Â Family Support

Families deserve as much support as the individual attending the treatment services. Often they are unsure how to be most effective in their support. We can offer advice on a one to one basis or include family members in their own therapy groups and even run monthly workshops to offer an intensive boost whenever necessary.

#### Technical Medical translation/interpretation

SMART is able to provide you with expert certified translators and interpreters for any language.Â Our interpreters are able to accompany you on all your medical appointments as well as providing a translation of the medical reports that follow.